

Covid guidelines

Updated 3rd July 2023

The wellbeing of our visitors, participants, coworkers, volunteers and community remains our top priority and we continue to adapt our internal Covid guidelines in line with our assessment of the risks so that we can welcome you safely and responsibly.

The following information forms part of our [Terms and Conditions](#).

These guidelines are constantly reviewed and we reserve the right to amend them at any time as deemed necessary.

Book with confidence

For onsite programmes, please read the information below. For online courses, please see the separate refund policy in our [Terms and Conditions](#).

Before your programme starts

- If you are experiencing symptoms prior to your arrival, please take a lateral flow test and do not travel to us if you test positive.
- All guests on group programmes are asked to take lateral flow tests before or on arrival. Tests will be provided for those who haven't tested and don't have their own tests.
- We ask visitors to take responsibility for their plans. Accordingly, we strongly advise you to take out travel/holiday insurance for your visit.
- Please familiarise yourself and your party with the following public health and government information regarding what to do if you become unwell while visiting us: [Guidance from NHS Scotland](#)

During your programme

- If there is a Covid outbreak during your visit, you will be asked to test and be provided with tests. We may need to cancel your programme if the outbreak is severe.
- Participants will need to make their way safely home where possible, as we may not have the capacity for participants to recuperate on our premises.
- If any programme is cancelled by the Findhorn Foundation due to a Covid outbreak on-site, participants will be refunded according to the Terms and Conditions of the organising institution (The Findhorn Foundation or the partnership organisation) on a pro-rata basis on request.
- If you become unwell during your stay please inform us, preferably by emailing Bookings@findhorn.org and by calling +44 (0) 1309 691 653. If on a workshop, please inform your workshop facilitator.
- If you become unwell to the extent that you are unable to travel and need accommodation, you agree to pay for accommodation and food costs incurred. This option is dependent on our having accommodation available.