Important information for your Findhorn Foundation Retreat in 2021

Last updated: 7 July 2021

Please read prior to arrival
The safety of our visitors is of utmost concern and we place great importance on the high standard of cleanliness of our facilities, the safety of our visitors, staff and the wider community.

We are reviewing the latest Scottish Government advice on a daily basis and how this could affect your retreat and will continue to update this page as necessary, you can find this information at https://www.gov.scot/coronavirus-covid-19/

All bookings are subject to Scottish Government restrictions, please only book if no restrictions are applied to your area.

Registration
When arriving to register there is a hand sanitiser point at the door and there is only one visitor permitted within the reception at any one time. Visitors are required to wear a mask when registering and are also required to complete a short track and trace form for themselves and their party. These forms are kept for 21 days and are then confidentially shredded.

Please be advised that a valid proof of address is required at the point of registration, either in the form of a driving licence or a current utility bill no older than 3 months.

In line with our Terms & Conditions, management reserves the right to refuse access to the site and your booking can't be guaranteed if proof of address is not provided.

To reduce contact, we are unable to accept any cash payments; all payments must be paid in full 28 days prior to arrival.
Check Out
For visitors staying in our accommodation, check out to be no later than 9.30am. This is to ensure that we have sufficient time to carry out a deep clean and disinfect before our next guests arrive.

Prior to departing we also kindly ask you to comply with the following procedures:

- All beds are stripped and bedding placed in the black bags provided.
- Ensure all foodstuffs are removed and all bins are emptied and disposed of appropriately.
- Bath mat and towels to be placed into the white bag provided.
- To open all windows before leaving your accommodation.

All of our accommodation is cleaned to a high standard. We are using a specially trained housekeeping team who are working extremely hard and have implemented deep cleaning measures including fogging of all accommodation using specialist equipment. Your carrying out of the above request is greatly appreciated by them.

Helping you plan - what to expect in Scotland
Face coverings are compulsory in shops, restaurants, hairdressers, public transport, etc so please bring your favoured kind of suitable face coverings.

COVID-19 recovery phases in Scotland provide an indication of what services and places may open and when.

Your commitment to us
It is imperative that you do not travel if you, or any of your party are showing symptoms of Covid-19, or have been in contact with someone who tested positive within 10 days of your check-in.

Please read and familiarise yourself and your party with the following public health and government information:
COVID-19 guidance from NHS Scotland and the Scottish Government, including physical distancing measures and advice for infected households. If you or a member of your party develop symptoms of COVID-19 during your stay or within 10 days of your return home you must inform us immediately.

What to do if you become unwell whilst on site
Scottish Government guidance states that you should stay indoors and self-isolate. Immediately book a test through NHS Inform using your holiday address or, if you can’t get online, by phoning 0800 028 2816.

If your test is positive you must inform us, preferably by email bookings@findhorn.org or by phone 01309 691653.

If you are well enough to travel you should return home and self-isolate in accordance with current Government guidance.

If you are unwell and are required to self-isolate in our property, in accordance with guidelines imposed by the Scottish Government in relation to Covid-19, you will be required to pay for any additional nights to your pre-booked Retreat period.

Test and Protect is part of Scotland’s approach to preventing the spread of coronavirus in the community.

If your booking is affected by Covid-19 from any of the following scenarios i.e. any lockdown restrictions or; you or someone in your household contracts Covid-19 or has been asked by Test & Trace/Test & Protect to self-isolate (evidence of this will be required) or if the The Findhorn Foundation is forced to temporarily close due to restrictions mentioned then you will be offered the following options:

- We can rearrange your booking to a later date of your choice at no cost.
- We can issue a full refund for the booking.

People should comply with the rules applicable to their local authority area in Scotland. Please note the levels and the contents of the levels is reviewed on a regular basis.
More information:

Travel Rules

Covid-19 Guidance