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findhorn.org

A heartfelt welcome to the Findhorn Foundation

We hope this booklet will help you explore our community and understand your options for further programs in the community after Experience Week, either now or in the future.

The booklet also contains a brief history, a description of the networks and initiatives that are part of our community, and a collection of inspirational passages by our founders and other community members.

Please feel free to take this booklet home with you and share it with your family and friends.

Your feedback on this material is welcome. Please add it to the personal feedback sheet you will receive at the end of the week.

We wish you an inspiring experience and a fruitful ongoing connection with yourself, the world, and the Findhorn Foundation.

With many blessings,

The Guest Department Team
General Information

General Enquiries and Essential Services

The Park’s General Office (open from 9.00am - 12.15pm, Monday - Saturday) sells laundry tokens. The mail room, open all day and evening, displays information on public transport, shopping, banking, health and other local services.

Cluny Reception (open 9.00am - 12.20pm, 1.30pm - 5.00pm, Monday and Friday and 9.00am - 12.20pm Tuesday, Wednesday, Thursday and Saturday) sells stamps, postcards, laundry tokens and items on display in the hallway. You can also leave valuables in the safe, or arrange to use the photocopier or printer.

Internet Access

Free wi-fi connection is provided in most Park buildings and in the Cluny cyber-lounge and lounge. No password is needed. As it is a shared network, please do not download huge documents or watch films. The Community Centre at The Park has wi-fi but please do not use it during mealtimes. Mobile phone reception varies across both The Park and Cluny sites. Cluny asks that you do not Skype or make phone calls in the Lounge.

Meals

All meals served in the Cluny Dining Room and the Community Centre (CC) in The Park will be vegetarian. Dishes containing garlic, dairy, sugar or gluten are usually labelled as such. There is usually a vegan alternative and/or dairy, garlic, sugar and gluten free options available.

At Cluny, breakfast is served in the Dining Room. At The Park, breakfast ingredients are provided in your bungalow. You can replenish these supplies from the Guest Food Shed. Please ask your focaliser for the door code.

Minor Emergencies & Repairs

If you find something wrong with your accommodation (for example a leaking tap, a blown fuse, etc) please contact your focaliser or leave a note for maintenance at the mail room in The Park, or on the noticeboard in Cluny.

Smoking

Smoking is not permitted within any Foundation or community building. Sheltered smoking areas are provided in the gazebo in the Community Centre garden, and in the shelter near Cluny’s front door.

Meditation

Group meditations are held every weekday in various sanctuaries. You are welcome to join these meditations if you wish but please do not enter if the red light is on above the door. If you attend, please stay for the full length of the meditation. Outside these times, all sanctuaries are open and available for private meditation unless the red light indicates a special session in progress.

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Location</th>
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<tbody>
<tr>
<td>6.30 - 7.30am</td>
<td>Silent meditation</td>
<td>Cluny Sanctuary, Park Main Sanctuary</td>
</tr>
<tr>
<td>7.45 - 8.10am</td>
<td>Taizé singing</td>
<td>Cluny Sanctuary</td>
</tr>
<tr>
<td>8.00 - 8.25am</td>
<td>Taizé singing</td>
<td>Nature Sanctuary in The Park</td>
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<tr>
<td>8.35 - 8.55am</td>
<td>Guided meditation</td>
<td>Cluny Sanctuary, Park Main Sanctuary</td>
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<tr>
<td>5.40 - 6.00pm</td>
<td>Guided meditation</td>
<td>Cluny Sanctuary, Park Main Sanctuary</td>
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Sauna and Hot Tub

The Cluny sauna is open on Wednesday and Saturday evenings from 5.00pm -10.00pm; Women only on Saturdays between 5.00 - 7.00pm, and Wednesdays Men only from 5.00 - 7.00pm. The cost is £3 - £5. There is a changing room down the hall and showers within the sauna area. You can choose to wear swimwear, but please be aware others may not. Towels are provided. At The Park, the hot tub behind the Universal Hall is open from 5.00pm - 11.00pm (closed Monday; Women only on Tuesday; Men only on Wednesday). £4 is charged for use of facilities, and towels can be hired for 50p.

Mail

Outgoing mail can be placed in the outgoing mail box beside Cluny reception. At The Park, use the red post box beside the Phoenix Shop; collections are at 4.00pm Monday - Friday and 7.45am on Saturday. You can buy stamps at Cluny Reception, the General Office or at the Phoenix shop. Incoming mail addressed to guests will be delivered to the site in which they are staying. Please collect your mail from either the Park General Office mail room or the mail wheel beside Cluny Reception.

Emergencies

For Fire, Police or Ambulance use any phone and dial 999. You do not need coins or phone cards for this service. To reach the Forres Police station for non-emergencies dial 101.

Forres Health Centre 0845 3371120 Raigmore Hospital, Inverness 01463 704000
Forres Dental Care 01309 673553 Dr Gray’s Hospital (A&E), Elgin 01343 543131
Laundry

There are laundry facilities at both Cluny and The Park. Tokens for the washing machines can be purchased at the Park General Office and from Cluny Reception. Please note that Park and Cluny tokens are not interchangeable. The Cluny dryers require 50p coins. You can also purchase tablets of laundry powder at the General Office for The Park washing machines. Laundry powder is provided at Cluny.

<table>
<thead>
<tr>
<th>Opening Times</th>
<th>Park Laundry</th>
<th>Cluny Laundry</th>
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<tbody>
<tr>
<td>Monday</td>
<td>3.30pm - 10pm</td>
<td>5pm - 10pm</td>
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<tr>
<td>Tuesday - Friday</td>
<td>3.30pm - 10pm</td>
<td>12.05pm - 2pm &amp; 5pm - 10pm</td>
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<tr>
<td>Saturday</td>
<td>11am - 10pm</td>
<td>12.05pm - 10pm</td>
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<td>Sunday</td>
<td>9am - 10pm</td>
<td>10am - 10pm</td>
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Phoenix Shop and Cafe

In The Park, the Phoenix Shop (open Mon - Fri 10.00am - 6.00pm; Sat 10.00am - 5.00pm; Sun 11.00am - 5.00pm) offers a wide variety of organic foods, snacks, natural remedies and toiletries, plus gifts, crafts, music and books. At the Universal Hall, the Phoenix Café (open every day from 10.00am - 5.00pm) offers a range of freshly made organic food and a selection of hot and cold drinks.

Bus Timetable

<table>
<thead>
<tr>
<th>Time</th>
<th>Cluny to Park</th>
<th>Park to Cluny</th>
<th>Cluny to Park</th>
<th>Park to Cluny</th>
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<tbody>
<tr>
<td>Monday - Thursday</td>
<td>8.15 am</td>
<td>8.00 am</td>
<td>8.55 am</td>
<td>5.20 pm</td>
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<td>5.05 pm</td>
<td>5.20 pm</td>
<td>9.55 am (via station)</td>
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<td>9.45 pm</td>
<td>10.00 pm</td>
<td>11.10 am (via station)</td>
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<tr>
<td>7.15 pm</td>
<td>7.30 pm</td>
<td>11.40 am (via station)</td>
<td>1.15 pm</td>
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<tr>
<td>Friday</td>
<td>8.15 am</td>
<td>8.00 am</td>
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<tr>
<td>1.30 pm</td>
<td>1.15 pm</td>
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<tr>
<td>5.05 pm</td>
<td>5.20 pm</td>
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Taxis

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<tr>
<th>Taxis</th>
<th>Phone Number</th>
<th>Taxis</th>
<th>Phone Number</th>
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</thead>
<tbody>
<tr>
<td>ABC Taxis</td>
<td>01309 672 292</td>
<td>Denny's Taxis</td>
<td>01309 672 180</td>
</tr>
<tr>
<td>Forres Taxis</td>
<td>01309 672 353</td>
<td>Len's Taxis</td>
<td>01309 673 363</td>
</tr>
<tr>
<td>Mac’s Eco Taxis</td>
<td>01309 673 305</td>
<td>Mundole Taxis</td>
<td>01309 672 354</td>
</tr>
</tbody>
</table>

Fares are about £10 between The Park and Forres and around £45 - £36 to Inverness airport.

Telephones

In The Park, there are payphones in the Community Centre and outside the Phoenix shop. In Cluny, there are payphones in the corridor behind reception. The payphone numbers at Cluny are: +44(0)1309 672584 or +44(0)1309 676804.

The Living Machine and Cluny Waste System

The Cluny Hill Hotel was built in 1864, and The Park has a natural sewage treatment plant called the Living Machine. Both waste systems are dependent on your cooperation and consideration. Please do not flush any inorganic material, chemicals or foreign objects down the toilets. There are no public tours of the Living Machine which is run independently by a company called Biomatrix. Private tours can be arranged with advance notice. The Visitors Centre has a five minute video which is available for visitors to view on their desktop if of interest.

Departure

As new guests will arrive immediately after you leave, we appreciate your help in making the transition as smooth as possible. Please change your bed linen (clean linen will be provided) and tidy up where necessary. At The Park, used linen and towels can be placed in a pile in the kitchen of your accommodation. At Cluny, used linen and towels can be placed in a pile outside your door. Please vacate your accommodation by 9.00 am on Saturday as Homecare will be coming in to clean. In the Park, you may leave your luggage in the CC. At Cluny, your luggage may be left in the cloakroom on the ground floor.

Staying on after your programme

If you wish to stay on at the Foundation as a participant in a programme, you are most welcome to do so provided accommodation is available. See findhorn.org for more information and talk to your focaliser about the different options.
Landmarks in the Evolution of the Findhorn Foundation

1962 November 17 - Peter and Eileen Caddy, their three boys and friend Dorothy Maclean arrive with a caravan at the Findhorn Bay Caravan Park, intending to stay a few months

1968 Main Sanctuary and first bungalows built; Findhorn Trust established as a charity


1970 Universal Hall area gifted to the Findhorn Trust

1971 First Core Group established to run the community in the absence of inspirational leader Peter Caddy

1972 November 17 - Findhorn Foundation replaces Findhorn Trust as legal structure

1973 Isle of Iona cottage, Traigh Bhan donated as a retreat centre

1979 186 year-old Cluny Hill Hotel purchased

1978 Given custodianship of the Isle of Erraid and bought Cullerne Gardens, now the site of our organic vegetable garden

1979 Established New Findhorn Directions, the trading arm of the Findhorn Foundation

1980 Huge fundraising appeal results in purchase of Findhorn Bay Holiday Park

1983 Universal Hall Arts Centre opened

1998 Findhorn Foundation recognised by the United Nations as an NGO. Ecovillage Project given 100 Best Practice designations by the UN Centre for Human Settlements.

1999 Findhorn Foundation granted consultative status at the UN

2000 170 acres of land gifted by Duneland Ltd to the Findhorn Dunes Trust, a new body made up of representatives of Findhorn village as well as the Findhorn Foundation and community; the village and the Community came together in a joint project for the first time

2001 Findhorn Foundation College established to develop vocational, accredited higher education programmes and build bridges with mainstream universities

2002 Findhorn Foundation declared “a key player in the Highlands and Islands economy, generating over £3 million in local household income and supporting over 300 jobs,” in a report by Moray, Badenoch and Strathspey Enterprise

2004 Eileen Caddy awarded an MBE for services to spiritual inquiry

2006 Findhorn Foundation and community had the lowest recorded ecological footprint in the industrialised world, half the UK average

2012 50 year celebration of the founding of the community

2014 Programmes for people from organisations in the not for profit, business and professional worlds expanded in Findhorn International Centre for Sustainability

2015 Launch of the Findhorn Bay Care Farm findhornbaycarefarm.org

2016 FICS website - fics.findhorn.org - a subdomain of the Foundation’s website, was launched

2017 Findhorn Foundation named Charity of the Year at the People Environment Achievement Awards

2018 Implementation of carbon measurements and offsetting service findhorn.org/carbon-offsetting

50th Birthday

FICS

P.E.A Charity of the Year

Carbon Off Setting

United Nations flag
CONNECT

Workshops and Events
See our calendar of events for a complete list of workshops and special events. Sign up for a workshop or event that will catalyse your next step in life.

findhorn.org/programmes

Short Term Visitor
Come and immerse yourself in this dynamic living experiment, surrounded by the beach, bay and forest of our Scottish Highlands home.

findhorn.org/visit

Blog
Join the conversations about inspired living, connecting with the consciousness of nature, healing, love and more.

findhorn.org/blog

Find Inspiration
Join the thousands of people around the world who receive weekly inspiring messages.

findhorn.org/inspiration

Experience Week
The best way to experience our experiment in new ways of living is to be part of the community for a week. Answer the call to open your heart, mind and soul to a world of new possibility. Held by our expert facilitators, the week invites you to join a group of fellow adventurers as you explore spiritual practices, community dynamics and your own dreams and identity.

findhorn.org/experience-week

Transforming human consciousness in everyday life to bring new possibilities into the world

Network of Light
The Findhorn Foundation is part of a worldwide tapestry of holistic communities. Find out about our global network of partners.

findhorn.org/global

Inner listening
Connecting with the divine spark by quietly turning within

Co-creation with nature
Shaping our future with other beings, physical and non-physical

Work is love in action
Doing everything with presence and love
Peter Caddy

A former Air Force Officer, Peter acted on his intuition and others' guidance to help manifest this unique community.

One of the most important [lessons I learned] is that an individual soul must be left to lead his own life without being influenced by other people’s ideas and desires.

I was sometimes accused of being callous when wielding the sword of truth with people… but I was more disinterested than uncaring; I would only unsheathe the sword in the first place if there was a very clear need and I had the best interests of the other person at heart. Truth sometimes does hurt, and the Love that accompanies it may not always be immediately apparent, but if one is acting from the source of one’s being, and not the lower self, there is never any lasting damage and nothing but good can come of it.

On Manifestation

It’s quite simple. One gives up everything to put God and His Will first, then all one’s needs are met perfectly from His abundant supply.

The laws of manifestation, as I have learnt them, include giving thanks to the donor and to God, the giver of all good and perfect gifts. Also, as an expression of gratitude, it is important to love and cherish and look after what one has been given.

On Love in Action

Our aim in all we did at this time [before the community was founded] was perfection, as only the best was good enough for God’s work. We focused on sparkling, radiant cleanliness in our environment. We were attuned to God, letting His Will be heard and acting upon it; we had a simple diet that built clean, strong bodies worthy to be temples of the spirit. We were working in a form of conscious cooperation with the nature kingdom. Our service was to God, with love flowing through our work and play, making life, as best we could, a joyous, harmonious experience, whether working in the garden, cleaning a caravan, having a picnic or going for a swim in the sea. We were doing something.

It was vital that we maintained a balance of Light, Love and Wisdom… When Love opens the doors to all comers without the discrimination of Light, communities fail; when Light is not tempered by Love it can become hard and sometimes ruthless, lacking the latter’s attracting and unifying power. Wisdom - sound judgment - negotiates between the two, but if left unchecked it can stifle boldness of action and mire vision in intellectual debate.

Further Reference

A former Air Force Officer, Peter acted on his intuition and others’ guidance to help manifest this unique community.

God Spoke To Me by Eileen Caddy (FINDHORN PRESS)
The Findhorn Garden Story by The Findhorn Community (FINDHORN PRESS)
Opening Doors Within by Eileen Caddy (FINDHORN PRESS)
Flight Into Freedom And Beyond by Eileen Caddy (FINDHORN PRESS)
In Perfect Timing by Peter Caddy (FINDHORN PRESS)
Memoirs of an Ordinary Mystic by Dorothy Maclean (LORIAN PRESS)

Eileen Caddy

Eileen dedicated her life to following the direction of ‘the still, small voice within’ and helping others do the same.

You seek peace? You will find it, but never be dependent for peace on any outward condition. Only in Me can be found the peace which passes all understanding. How often have you thought you would find that peace when conditions were right, or when you were in the right place, or when your relationship was right with a certain person? Or if only such and such a thing would happen, all would be well and you would find that wonderful peace?

You need never be dependent on any outward condition. Go deep within, where no one can enter, and you will find it. In that centre you will be at peace - everlasting, unshakable peace, for that is where I AM.

Be not bewildered. Do not strain yourself to understand all My mysteries at once. Accept each one as it comes and fit it into the jigsaw puzzle, knowing that bit by bit each piece will be shown to you and will fit into place perfectly. Be surprised at nothing. Let peace and stillness flood through you and envelop you completely in its cloak. Put on the whole armour of love - and yet feel, feel very deeply. Let tears flow, washing away impurities until you feel clean within and clean without. Become like an empty vessel ready to be filled with My nectar.

Fill your heart to overflowing with Love and gratitude for everything. You have so much to be grateful for. Look about you. See all the wonderful things around you and realise how mightily blessed you are. If you are feeling low, start right away counting your blessings and giving thanks for all that you have, and you will soon find yourself soaring higher and higher. Your consciousness cannot remain in a lowered state when your heart and mind are overflowing with love and gratitude.

Let yourself relax and take off into those higher realms where All is One, All is Light and We are One.

Further Reference

God Spoke To Me by Eileen Caddy (FINDHORN PRESS)
The Findhorn Garden Story by The Findhorn Community (FINDHORN PRESS)
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Memoirs of an Ordinary Mystic by Dorothy Maclean (LORIAN PRESS)
**Dorothy Maclean**

Following inner guidance, co-founder Dorothy Maclean communicated with the overlighting spirits of plants, or devas.

**Message from the Aster Deva**

Let us share with you again the high delight of the deva kingdom. You humans get so heavy, so filled with concern about one thing or another, that you plummet like a stone to the bottom of a pool, and separate yourselves from us and from the part of yourselves which is one with us. But nevertheless that part of yourselves is always there beckoning, and it beckons to you on the material level through flowers. Flowers are joy expressed in colour, scent and form, lifting the heart, comforting, speaking of perfection and hope, for if a mere plant can be so beautiful in a sordid world, what can not the human spirit be? We talk to you through our flowers in a universal language and when you notice us you cannot but respond, for what we have to express you too have to express and there is perfect harmony between us.

And behind these exquisite forms is a dancing delight of the spirit moving forever free in the perfect rhythms of God, sensitive to the slightest indications from on high, completely attuned to the whole. That too you are, in power, and we would just remind you of yourselves. Can you not just look more in that direction? Look within and you will find that high estate, look without and we will speak of it. Everything will speak of it if your eyes and ears are focused aright, but when you are out of focus, we can still remind you of the wonder of God; we can lift your consciousness.

**Message from the Violet Deva**

You find a power and authority in us as great as that of the large trees although we are the smallest flower you have contacted. Yes, this is because we are wild, well established, free to roam, not dependent on the whims of humanity.

All around here are seas of gorse, thousands if not millions of blooms, which are scattered here and there for the sharp eye. The gorse delights with its profusion; we delight with our retiring rarity. You cannot compare us; each is different and unique, and so it is in nature. But you humans spend your lives comparing what you haven’t with what others have, whether it be clothes, gardens, money, views, ailments, time, work, opportunity. All you need to do is to be what you are, to be the unalloyed pattern of you, and you will draw the right conditions to yourselves. Then your voice is just as strong, just as right, as any other voice.

You cannot cease wondering that my voice is so powerful. I have found my niche; I am where God means me to be, and therefore I am as powerful as any in the land. I am power - I, the synonym for shyness! Because I am what God means me to be. Nothing in this world or the next can shake those who follow their ordained pattern and do God’s will unreservedly. Find and follow God’s will for you, and your voice will be power.

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**David Spangler**

David Spangler, a Foundation focaliser, established many of the spiritual practices we still use today.

When I came here, unlike some other spiritual centres I had visited where the emphasis was very much on the transpersonal and transcendent and how to rise to that, the emphasis was different. The emphasis was on bringing heaven down to earth, cooperation of the nature spirits, working in the garden, demonstrating a centre for a new age, a new culture. And the motto: Work is love in action - you know, it wasn’t Prayer is love in action, it wasn’t Meditation is love in action, it wasn’t Ecstatic shamanic trance is love in action, it was WORK is love in action! And work is not only doing things in the garden or in the kitchen but also the work of communication; the work of building community. Building community was - still is, I’m sure - how do I relate to you in such a fashion that community comes alive between us? Where the operative question is not What is Findhorn? but When is Findhorn?

And Findhorn is where two or more people are gathered in Findhorn’s name - wherever they are in the world. Where two or more are gathered in Findhorn’s name, there is Findhorn: there is community; there is the spirit of that community. And of course, underlying the spirit of Findhorn was this profound spirit of community with the God within, with the sacred, with the generative mystery, with that which underlies all being - whatever image or name we may give to it. Here is a place where, for whatever organisational or social reasons, you may have challenges and struggles, yet this is a place where the sacred is manifesting. It’s a place of great privilege. It’s a place where love radiates in ways that are not common in most parts in the world. That’s why people like to be here and stay here. For many people it’s a safe place. That’s not the reason to be here. This should be the riskiest place on earth. And I’m sure that, at times, you’ve felt that it is. But on the other hand, there is a safety to which we are all entitled. And it is the safety of our sacredness, and the safety we give each other through our love and our commitment to each other’s will to be; our capacity to gather.

When two or more are gathered in our name - in the name of all the capacities that we bring, in the name of our intents and hopes and dreams and visions - there those things are; there the spirit is... that is when Findhorn is. And when Findhorn is, anywhere in the world, there is the hope of humanity.
**Satellite Communities in Scotland**

In addition to our Cluny and Park sites, the Foundation operates centres on two islands off the west coast of Scotland.

**Iona**

This magical island has been a place of pilgrimage for centuries, and thousands of visitors come each year to see the restored medieval Benedictine abbey and the grave of Saint Columba. The island’s beautiful green marble is unique in Europe, and the bedrock is some of the oldest in the world. Traigh Bhan, the Foundation’s retreat house on this sacred isle, hosts spiritual retreats year-round. The island itself, with it’s and spectacular coastal scenery, is ideal for long walks of exploration and contact with nature’s beauty.

Iona Spiritual Retreats give you space to focus on your inner life in a supportive environment of natural beauty, inspiration and peace. A stay on Iona can be useful to integrate the experiences of a workshop or to reflect on your life journey and next steps. Traigh Bhan is comfortable and well-equipped, with a peaceful sanctuary for prayer and meditation. A team of Foundation staff takes care of it and can suggest ways to make the most of a stay on the island.

[findhorn.org/iona](http://findhorn.org/iona)

**Erraid**

This tiny island, just south of Iona, has been home to a small community of Foundation members for over 30 years. Residents and guests share a simple lifestyle of work, play, celebration and meditation, undertaken with an open heart and a willingness to listen to spirit. The island’s magnificent landscapes and wildlife invite guests to immerse themselves in the beauty of nature. The island is open to guests throughout the year and you are welcome to join this small community for a week or more.

The quality of stillness and the simplicity of life here are an invitation to slow down and experience a different way of being.

[erraid.com](http://erraid.com)

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**Resource People**

165 people in 33 countries all over the world represent the community as Resource People. All of them have lived at Findhorn or visited several times, and are enthusiastic about taking the inspiration they found out into their own activities and local area.

When you are at home, you can contact a local Resource Person if you want to find out more about the Findhorn Foundation or link up with like-minded folk in your area. They can give presentations about the Findhorn Foundation Community, and some of them also offer group activities such as sacred dance, group discovery games and/or the Game of Transformation.

You can find them at [findhorn.org/resource-people](http://findhorn.org/resource-people)

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**Partnership with the UN**

Since 1997, the UN has recognised the Foundation as a Non-Governmental Organisation associated with its Department of Public Information. Foundation friends Frances Edwards and John Clausen regularly represent the Foundation in UN briefing sessions in New York. Frances and John serve on the Spiritual Caucus Coordinating Council and the Values Caucus Council, and also organise meditations, workshops, talks, meetings and events at the UN headquarters, bringing Findhorn’s values to the global stage.

The Foundation contributed to the UN’s Decade of Education for Sustainable Development (2005 - 2014) through its course offerings and by serving as a sustainable development model and resource centre. The Foundation’s two-week long Applied Ecovillage Living (which gained UN institutional endorsement) and Gaia Education Design for Sustainability equip participants to be change leaders in their communities, contributing to the transition towards more sustainable patterns of production and consumption, as well as more joyful, meaningful and healthier lives for all.
Since 1962 the Findhorn Foundation has been known internationally for its experiments with new models for holistic and sustainable living. Today it is at the heart of the largest intentional community in the UK, where more than 400 individuals live and work in this rural area of Scotland. Since 1981 The Park has developed as an ecovillage that seeks to honour the connections between the environmental, social, economic and spiritual aspects of life.

The community expresses its commitment to sustainability by building ecological houses using innovative building materials such as local stone and straw bales, and by prioritising beauty in its architecture and gardens to enhance the quality of life. Supporting sustainable businesses and social initiatives is another way that the community contributes to a sustainable future.

Over the five decades of the community’s existence, a rich and diverse social fabric has emerged and experiments with pay and remuneration, festivals and celebrations, decision-making, governance and leadership, and other aspects of community life all contribute to the ecovillage’s continued evolution.

Findhorn College

Created by the Findhorn Foundation in 2001 to link the work of the community with academics and innovators. The Findhorn College is a British Accreditation Council short course provider that promotes holistic education for sustainable living. Engaging participants in transformative education, the further and higher education courses integrate experiential and academic learning within the context of the internationally-renowned Findhorn community and Ecovillage. Findhorn College also hosts academic researchers in community life, host field study visits and conducts research in renewable energy systems.

findhorncollege.org
What do Ecovillages focus on?

- Local organic food production
- Ecological building
- Renewable energy systems
- Reducing, reusing and recycling waste
- Cooperative social economies
- Inclusive decision-making processes
- Cultural and spiritual diversity
- Integrated holistic healthcare
- Holistic education

What distinguishes the Findhorn Ecovillage?

- Launched our own Carbon Offset calculator and service for visitors and locals in 2018 - findhorn.org/carbon-offsetting
- A low carbon pioneering ecovillage since 1985 - ecovillagefindhorn.com
- Chosen as Charity of the Year at the People Environment Achievement Awards 2017
- Best Practice designation from the United Nations Centre for Human Settlements (Habitat) in 1998
- Centre of holistic learning serving 14,000 visitors a year from over 50 countries
- Biomass boiler that provides low cost heat for five community buildings and nine residential properties. The wood chips are supplied by a local estate which further lowers its carbon footprint
- Ecological footprint is half the national (UK) average
- Many ecological buildings, including the famous whisky barrel houses
- Three electricity-generating wind turbines
- The Living Machine, a biological wastewater treatment system
- Numerous solar water-heating systems
- Publisher of UK’s first technical guide to ecological housing - Simply Build Green
- Own community currency - Ekopia cooperative
- Founding member of the Global Ecovillage Network (GEN) ecovillage.org

Social Design

The Findhorn Foundation operates the gardens, kitchens and accommodations at The Park and Cluny Hill and also offers workshops and conferences.

The New Findhorn Association was created in 1999 to bring together the diverse organisations and people associated with the community within a 50-mile radius. The association elects a voluntary Council, while control of all aspects of the Association’s affairs ultimately lies with the members through various democratic processes.

There are currently over 400 individual members and 32 organisational members of the NFA, including the Findhorn Foundation. Monthly community meetings are held to discuss and offer feedback upon community-wide issues.
Follow-on Programmes

Findhorn Spiritual Retreat (FSR) & Being In Community (BIC)

These programmes are a way to experience community life more deeply after you have done Experience Week. FSR or BIC is also a prerequisite for Living In Community as a Guest (LCG). Spiritual Retreat weeks support you to continue a path of transformation and growth in your everyday life. With meditation and exercises, this is a week to try new ways of being in life. Being In Community is a week to integrate your experience of the Findhorn Foundation after another programme or to come back and reconnect with the community. Both FSR and BIC include daily sessions with your group and love in action shifts in Foundation service departments to integrate your spiritual practice into daily life. They are less of a group experience than an Experience Week, generally smaller, and more incorporated into community life.

The Living in Community Guest Programme (LCG)

LCG invites you to explore living in this community while refining your understanding of your purpose and your personal and spiritual path. You will engage in love in action by joining one of our service departments and participate in weekly sharings, meditations and holistic learning sessions with your LCG group. The programme will allow you to take part in community meetings, celebrations and rituals, learn more about community structures and decision-making and enjoy the company of kindred spirits in a supportive environment. The minimum length for participation is four weeks, with programmes starting most Saturdays.

The Living Essentials Apprentice Programme (LEAP)

An agreement to serve - LEAP is our staff intake programme. We welcome you to come here and contribute your own unique gifts and skills so that together we can co-create a more loving and sustainable world. In LEAP you engage with the joys and challenges of life in a spiritual community, holistic learning centre and ecovillage, applying our core principles of inner listening, love in action, and co-creation with nature. You join in a service department, participate in community meetings, engage in spiritual and personal development, and have regular reviews. We will process applications through attunement, considering of the needs of service departments and availability of living space at the time of your application.

For more information about these programmes please visit findhorn.org or email bookings@findhorn.org.
Like many of the thousands of participants we welcome here each year, we hope you have found inspiration, insight and new ways of loving and serving that you will take home with you. We also invite you to be a part of this community’s world service by joining our worldwide community of supporters. One way to do this is by holding us in the light during your meditation times.

Please also consider supporting our work financially. Your gifts make a real difference, helping us:

- provide financial assistance for other guests with limited means
- co-fund the Young People Initiative
- upgrade our workshop and living spaces, including Cluny Hill, The Park and Traigh Bhan
- support our ongoing programmes

You can support us by:

- Joining our Network of Friends committed giving programme: findhorn.org/giving/friends
- making a one-time donation to a project of your choice: findhorn.org/giving

Thank you for joining us on the journey!

**Leave a Lasting Legacy**

You can help nurture the work of the Findhorn Foundation in the world by remembering the Foundation in your will. Your legacy will be a gift for the future that will live on to help make our shared vision of a positive and sustainable world a continuing reality.

If you would like to find out more please email supportus@findhorn.org

The Findhorn Foundation would like to take this opportunity to thank you for participating in this experience with us. We are truly grateful to all those who join us in our mission of transforming human consciousness and bringing new possibilities into the world.

We also warmly welcome you to visit us again. As part of our service to the world, the Findhorn community hosts a year-round programme of workshops, special events and conferences designed to inspire, challenge and align each one of us with who we truly are. We invite you to have a look at our brochure or visit us on the web at www.findhorn.org to see if there is something that is calling you to take your next step.