

# THE WONDER OF BEING

## Awakening to an Intimacy Beyond Words

### with Jeff Foster

19-21 November 2011

What if life is infinitely simpler  
than you ever imagined?

Jeff Foster shares the timeless message of nonduality.

We spend our lives seeking wealth, success, love, fulfilment, and even 'spiritual enlightenment' in the future. Yet right at the heart of life there is an intimacy, a simplicity, a wholeness that is totally beyond words - and which cannot be reached through any kind of effort.

Join Jeff in a friendly and informal meeting, where questions and silence are both welcome.

£195/£295/£395 Includes 3 nights accommodation and meals

Non-residential price: £145

NFA price: £125, FF price: £55



Jeff Foster

To find out more, visit [www.findhorn.org/foster](http://www.findhorn.org/foster)

To book: [bookings@findhorn.org](mailto:bookings@findhorn.org) or 01309 691653

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