

conscious medicine conference at the findhorn foundation



The Findhorn Foundation is a spiritual community, ecovillage and international centre for holistic education, helping to unfold a new human consciousness and create a positive, sustainable future. In

this unique environment we offer a broad range of holistic workshops and events that address personal, cultural and environmental issues, giving participants practical experience of how to apply sustainable values in daily life.

We work in partnership with the United Nations, Global Ecovillage Network, local councils, universities, healthcare providers and others to offer demonstration, education and inspiration for real change. Our eco footprint is the lowest ever measured for any community in the industrialised world, and is just half of the UK national average.

Since 1962 this dedicated community has touched hearts, opened minds, and changed lives for hundreds of thousands of people from all over the world. We are delighted to welcome the Conscious Medicine conference and share this opportunity to explore a new consciousness that is integrated, inclusive, interconnected and compassionate. The potential of healing both ourselves and our planet begins with understanding the process of disease and dis-content, and developing a deep sense of inner wellbeing.

Now, more than ever before, the Findhorn Foundation is helping to offer a new direction to meet the challenges and opportunities of our times.



A new medicine is arising – one that embraces spirituality and consciousness as emphatically as conventional medicine has dismissed them.

– Larry Dossey –



Research is screaming at us with the urgent message that consciousness can harness the powerful healing forces of a quantum universe, forces far more potent than pills in a bottle.

– Norman Shealy and Dawson Church –

Booking Information:

Income related price: £395 / £495 / £595
Includes 4 nights accommodation and all meals.
CPD certificate available for health practitioners.

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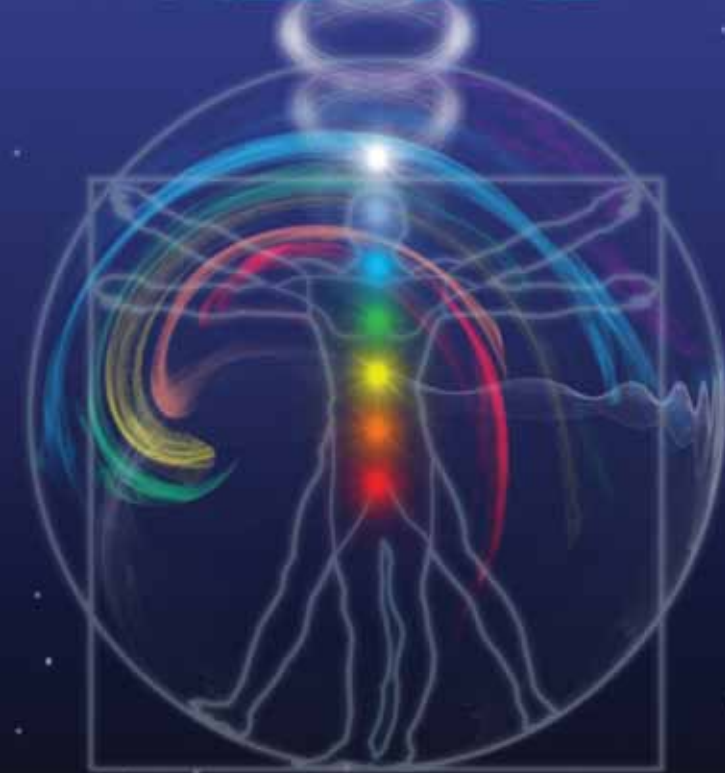
www.findhorn.org/consciousmedicine

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FINDHORN
FOUNDATION

CONSCIOUS MEDICINE



Creating health in a
conscious universe

23-26 April 2011

CONSCIOUS MEDICINE conference at findhorn



“From a conscious medicine perspective, the body is intelligent and conscious and infinitely helpful, and illness or dis-ease arises from resistance in your energy system.

The higher purpose of any symptom is to help you to evolve consciously - to release old blockages, past traumas and negative beliefs, and become your future self.

Any disease is a friend and messenger - and potentially a precious gift.”

Gill Edwards, Conscious Medicine

CONSCIOUS MEDICINE explores how the emerging scientific picture of a conscious (or psycho-energetic) universe relates to healthcare and medicine.

How do our thoughts, emotions, beliefs and unresolved traumas get downloaded into the physical body? How can we heal dis-ease by shifting our energy and consciousness - and aligning with the universal energy field (or unconditional love)? And how can we help others to heal themselves?

Explore health in a conscious universe!

- cutting-edge science in the emerging field of conscious medicine
- inspirational speakers who are pioneers and visionaries in this field
- integrating ancient healing wisdom with the new physics, new biology and new spirituality
- ways of healing emotional and physical dis-ease using conscious (or vibrational) medicine
- discovering the hidden gifts of any symptom or disease
- gathering skills and insights to help you be happier and healthier
- workshops offering powerful, innovative tools for healing
- networking with like-minded health practitioners, therapists and others with an interest in health and spirituality

keynote speakers



Stephanie Mines

American neuropsychologist, author of *We Are All In Shock* and creator of TARA Approach for resolving shock and trauma.



Karl Dawson

EFT Master and co-author of *Matrix Reimprinting*, who has specialised in the links between emotional trauma and disease.



Arielle Essex

Author, life-coach and Master NLP Practitioner, as featured in the film *The Living Matrix*, who healed herself of a brain tumour.



John McGregor

Hospital consultant who trained for many years in shamanism, energy anatomy and healing the light body. A medicine man with a difference!



Gill Edwards

Clinical psychologist and writer, trained in energy psychology, and author of *Conscious Medicine*, who journeyed through cancer using conscious medicine.

WORKSHOPS will include:

- Healing the light body •Mindfulness in medicine
- Unwrapping the gifts of dis-ease •Cancer: the healing journey •Working as a holistic doctor •Healing with family constellations •Matrix Reimprinting •The wounded healer
- and more, plus meditation, yoga, dance, breath and energy work, fun and laughter.

