

Sustainable Leadership Training

Inner and Outer Resilience in Changing Times

with Gill Emslie, Dr. Daniel Wahl and Sylke Iacone

Sunday 30th August to Friday 4th September, 2009
at the Findhorn ecovillage near Forres in Moray, Scotland



Given the unprecedented speed and magnitude of change we are experiencing today sustainable leadership is of utmost importance. This *Sustainable Leadership Training* will focus on two vital dimensions:

- How can people in leadership positions sustain themselves through fostering inner resilience through a nourishing and insightful relationship to the natural world?
- How do we support people to take an active role in the transition towards a culture of sustainability in our organizations, communities, and through international collaboration?

Sustainable leadership is only really possible with a deep understanding of the mutually supportive relationships between body, mind and spirit. We are nature, dependent and deeply connected. Out of this consciousness a truly sustainable leadership style can emerge. We will explore these ideas through the use of 'council' as a tool for effective and meaningful communication that acknowledges the wisdom of the whole team.

This training will be particularly useful for:

- people in leadership roles in the public, private and voluntary sector
- sustainability educators
- corporate consultants
- community organizers
- green and social entrepreneurs
- anybody who is committed to being an active agent of positive change

This training will give participants an opportunity to:

- Increase their capacity to adapt to change through creativity and innovation
- Experience a creative approach to work with resistance and limiting belief systems (exploring 'Edges')
- Work with the 'Mirror of Nature', solo-time, and 'Stepping over the Threshold' to gain insights, nourishment and confirmation
- Practice the 'Art of Joined-Up Thinking' - creating win-win-win solutions
- Experiential learning in nature
- Whole systems approach/process work
- Appreciate how 'Council' as a ritualized process for effective team communication and the emergence of new insights can be used in your organization

See also:

www.findhorn.org and www.findhorncollege.org



Gill Emslie brings to the Findhorn Consultancy Service her experience in transpersonal psychology and organizational development. She is a coach and trainer offering specific skills for women in leadership. Gill is currently engaged in doctoral research at the University of Dundee.



Daniel C Wahl holds a BSc in Biology from the University of Edinburgh, an MSc in Holistic Science from Schumacher College, and a PhD in Sustainability from the Centre for the Study of Natural Design (University of Dundee). He is the academic director of the Findhorn College and works internationally as a consultant and facilitator.



Sylke Iacone is an experienced Outward Bound Trainer and Vision Quest Guide. In her trainings and workshops she combines old wisdom and new concepts to open up new perspectives and new approaches to sustainable development and leadership.

Income related price: £535 / £675 / £825 and corporate rate: £1025

Includes 6 nights accommodation and all meals.

For more information please contact: gill.emslie@findhorn.org



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